



## Daniel Casey McCormick

September 20, 1980 - March 9, 2025

It is with sadness that we announce the passing of Daniel Casey McCormick, aged 44, who took his own life after a long struggle with depression.

Though born into the world with a tortured sensitivity, Daniel was at times full of joy, with bombastic enthusiasm, an open heart, and a contagious smile. He was almost always chasing a new passion or dream: business owner, Navy seaman, DJ, motorcycle mechanic, security guard, and more. He long dreamed of wandering the world, envisioning adventures aboard a rebuilt sailboat or a customized RV.

He lived a complicated life, often choosing to pursue joy and rarely choosing to acknowledge his deeper struggles. His life was a gift to many who knew him, even as it sometimes brought anxiety, pain, and heartbreak to those around him.

We hope that Daniel's memory will serve to remind others that these struggles are part of the human experience: despair, perfectionism, mental health, vulnerability. That it is a fuller, more expansive life when it is lived with wholehearted acceptance of the range of emotions that life brings. And that help is always nearer than we think, and never shameful to request.

Daniel is survived by his father, Frank "Buss" C. McCormick, his mother,

Karen J. Casey, his sister Victoria “Torie” H. Camp, and his brother Andrew H. McCormick.

If you or a loved one are in a crisis, consider calling one of these helplines for immediate support:

NAMI: 800-950-6264, open M-F 10am – 10pm ET

Suicide and Crisis Lifeline: Dial or text 988 or text TALK to 741741

In lieu of flowers, donations can be made to the 988 Suicide and Crisis Lifeline.

(FH note: the link below is a template item and cannot be removed; to honor Daniel and his family's wishes, please consider their request for donations as listed)